

## Dominican Football Poised for a Breakout Year

By: Jessie Bazan

After finishing the 2007 season with a disappointing 0-9 record, the Dominican football team is working harder than ever this off season. Under the watchful eye of first year head coach Mike Connell, many of the football players are weight room regulars, coming as often as three times a week to bulk up before the season starts. One of these players is star running back Kevin Dix, who rushed for 243 yards last season. Dix, who is entering his junior year, proclaims he is "ready to win...now."

Blocking for Dix on the offensive line will be senior Antoine Ray, who shares Dix's eagerness to pick up a victory, something the Knights have not done since September of 2006. Finding ways to win should not be a problem this year however, as the Knights are bringing back key defensive stoppers like linebackers James Luy and DeVante Nelson. With a big incoming freshman class and strong leadership from the upperclassmen, Dominican hopes to challenge rivals St. Johns Military Academy and University School for a shot at the conference crown.

There seems to be a new attitude around the weight room these days as the football players prepare for their upcoming season. The team is looking forward to building a winning program and as Kevin Dix recalls, "Last year we were rated the worst team in the state. I hate that feeling. The only question is if we're going to do something about it. And I'm ready to."